



***REMINDER – ALL STUDENTS EAT FOR FREE – BREAKFAST AND LUNCH!!!**

Flint Cultural Center Academy - Breakfast

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 Frosted Mini Wheats Cereal-Bowl Sliced Apples Fruit Punch Choice of Milk	3 Strawberry Nutrigrain Bar Craisins Apple Juice Choice of Milk	4 Egg, Sausage, Potato & Cheese - Rolled Taco Diced Pears Orange Tangerine Juice Choice of Milk	5 Cheese Omelet Whole Grain Bagel Applesauce Fruit Punch Choice of Milk	6 Cinnamon French Toast Sticks Diced Peaches Apple Juice Choice of Milk
9 Golden Grahams Cereal Bowl Fresh Pear Orange Tangerine Juice Choice of Milk	10 Strawberry Pop-Tart Diced Peaches Fruit Punch Choice of Milk	11 Breakfast Pizza Applesauce Apple Juice Choice of Milk	12 Scrambled Eggs Sausage Patty Whole Grain Biscuit Fresh Apple Choice of Milk	13 Cocoa Puffs Cereal Bowl Fresh Grapes Fruit Punch Choice of Milk
16 Trix Cereal Bowl Diced Pears Apple Juice Choice of Milk	17 Cheese Omelet Hashbrowns Whole Grain Biscuit Fresh Pear Orange Tangerine Juice Choice of Milk	18 Breakfast Pizza Applesauce Fruit Punch Choice of Milk	19 Turkey Ham & Cheese- Croissant Fresh Banana Apple Juice Choice of Milk	20 Froot Loops Cereal Bowl Sliced Fresh Apples Orange Tangerine Juice Choice of Milk
23 Frosted Mini Wheats Cereal-Bowl Diced Peaches Fruit Punch Choice of Milk	24 Cinni-Mini French Toast - Bites Craisins Apple Juice Choice of Milk	25 Scrambled Eggs Sausage Patty Bagel Fresh Apple Choice of Milk	26 Cheese Omelet Whole Grain Bagel Applesauce Fruit Punch Choice of Milk	27 No School
30 No School	31 Breakfast Burrito Diced Pears Apple Juice Choice of Milk			

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Questions?
Troy Finkbeiner-Director of Dining Services

Also choice of milk. Milk choices include 1% white, skim chocolate
Breakfast & Lunch is Free for all Students